



Long Term Plan: PE

Year group	Autumn term		Spring term		Summer Term		Additional Opportunities
EYFS	Introduction to PE	Fundamentals	Games	Gymnastics	Ball Skills	Dance	Sports Day
1	EPC: Football	EPC: Tag Rugby	EPC: Hockey	EPC: Ball Skills	EPC: Net and Wall	EPC: Striking and Fielding	Active Movement (daily)
	Dance	Yoga	Fitness	Gymnastics	Athletics	Team Building	
2	EPC: Football	EPC: Tag Rugby	EPC: Hockey	EPC: Ball Skills	EPC: Net and Wall	EPC: Striking and Fielding	Sports Leaders - supporting at break and lunch time
	Yoga	Dance	Fitness	Gymnastics	Athletics	Team Building	
3	EPC: Football	EPC: Tag Rugby	EPC: Hockey	EPC: Netball/Basketball	EPC: Tennis	EPC: Cricket	Wokingham School Games events
	Dance	*OAA	Gymnastics	Athletics	Swimming	Swimming	
4	EPC: Football	EPC: Tag Rugby	EPC: Hockey	EPC: Netball/Basketball	EPC: Tennis	EPC: Cricket	Girls and boys football teams
	Fitness	Gymnastics	Yoga	Dance	Athletics	Golf	
5	EPC: Football	EPC: Tag Rugby	EPC: Hockey	EPC: Netball/Basketball	EPC: Tennis	EPC: Cricket	Sports and games clubs after school throughout the year
	OAA	Dance	Gymnastics	Golf	Athletics	Badminton	
6	EPC: Football	EPC: Tag Rugby	EPC: Hockey	EPC: Netball/Basketball	EPC: Tennis	EPC: Cricket	
	Fitness	Dance	Gymnastics	Yoga	Athletics	Golf	

* OAA – Outside Adventure Activities